2020 MCAS MEASURE: HIV VIRAL LOAD SUPPRESSION (HVL)

Gold Coast Health Plan's (GCHP) goal is to help its providers gain compliance with their annual Managed Care Accountability Set (MCAS) scores by providing guidance and support. This tip sheet will provide the key components to the MCAS measure, “HIV Viral Load Suppression (HVL).”

Measure Description: Measures the percentage of beneficiaries age 18 and older with a diagnosis of Human Immunodeficiency Virus (HIV) who had a HIV viral load less than 200 copies/mL at last HIV viral load test during the measurement year.

Data Collection Method: Administrative

Codes used to identify members with an HIV diagnosis who had an HIV viral load < 200 copies/mL at the HIV viral load test during the measurement year.

<table>
<thead>
<tr>
<th>Description</th>
<th>ICD-10-CM</th>
<th>SNOMED</th>
<th>CPT</th>
<th>LOINC</th>
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</thead>
<tbody>
<tr>
<td>HIV Diagnosis</td>
<td>B20, Z21</td>
<td>5810003, 186706006, 230201009, 40780007, 186707002, 230598008, 48794007, 186708007, 235009000, 52079000, 186709004, 235726002, 62246005, 186717007, 240103002, 62479008, 186718002, 27666007, 77070006, 186719005, 315019000, 79019005, 186721000, 359791000, 86406008, 186723002, 397763006, 87117006, 186725009, 398329009, 91947003, 186726005, 402915006, 111880001, 230180003, 402916007</td>
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<tr>
<td>Outpatient / Ambulatory Visi</td>
<td>87790002</td>
<td>18170008, 87790002, 90526000, 185349003, 185463005, 185465003, 207195004, 270427003, 270430005, 308335008, 390906007, 406547006, 439708006</td>
<td>99201-99205, 99212-99215, 99241-99245, 99381-99387, 99391-99397</td>
<td></td>
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<tr>
<td>HIV Viral Load &lt; 200 copies/mL</td>
<td>20447-9, 21333-0, 23876-6, 41515-8, 48511-0, 59419-2, 70241-5</td>
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Best Practices:
► Educate patients about the effects of high viral load and its relation to high transmission of HIV to partners.
► Explain to patients that their health can be affected if their viral load is high and make clear that HIV treatment compliance is vital.
► To refer further HIV services, providers can direct patients to Ventura County Health Care Agency's HIV / AIDS Center [here](#).
► GCHP offers free health education services, materials and classes to help members achieve a healthy lifestyle. Providers can contact the Health Education Department or refer patients / guardians / caregivers to the following information:
  • Providers, call: 1-805-437-5718
  • Members, call: 1-888-301-1228 / TTY 1-888-310-7347
  • GCHP website - Health and Wellness page, provided in English and Spanish:
    » English - [Click Here](#)
    » Spanish - [Click Here](#)
► Ensure your documentation is clear and concise.
► Use proper coding.

1 Measures reported using the administrative data collection method report on the entire eligible population and use only administrative data sources (e.g. claims, encounter, lab, immunization registries) to evaluate if services were performed.