2020 MCAS MEASURE: ANTIDEPRESSANT MEDICATION MANAGEMENT (AMM)

Gold Coast Health Plan’s (GCHP) goal is to help its providers gain compliance with their annual Managed Care Accountability Set (MCAS) scores by providing guidance and resources. This tip sheet will provide the key components to the MCAS measure, “Antidepressant Medication Management (AMM).”

Measure Description: Measures the percentage of members 18 years of age and older who were treated with antidepressant medication, had a diagnosis of major depression and who remained on an antidepressant medication treatment. Two rates are reported.

- **Effective Acute Phase Treatment**: The percentage of members who remained on an antidepressant medication for at least 84 days (12 weeks).
- **Effective Continuation Phase Treatment**: The percentage of members who remained on an antidepressant medication for at least 180 days (6 months).

Data Collection Method: Administrative

### Antidepressant Medication

<table>
<thead>
<tr>
<th>Miscellaneous Antidepressants</th>
<th>Monoamine Oxidase Inhibitors</th>
<th>Phenylpiperazine Antidepressants</th>
<th>Psychotherapeutic Combinations</th>
<th>SNRI Antidepressants</th>
<th>SSRI Antidepressants</th>
<th>Tetracyclic Antidepressants</th>
<th>Tricyclic Antidepressants</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bupropion</td>
<td>Isocarboxazid</td>
<td>Nefazodone</td>
<td>Amitriptyline-chlordiazepoxide</td>
<td>Desvenlafaxine</td>
<td>Citalopram</td>
<td>Maprotiline</td>
<td>Amitriptyline</td>
</tr>
<tr>
<td>Vilazodone</td>
<td>Phenelzine</td>
<td>Trazodone</td>
<td>Amitriptyline-perphenazine</td>
<td>Duloxetine</td>
<td>Escitalopram</td>
<td>Mirtazapine</td>
<td>Amoxapine</td>
</tr>
<tr>
<td>Vortioxetine</td>
<td>Selegiline</td>
<td>Fluoxetine-fluvoxetine-fluoxetine-olanzapine</td>
<td>Fluoxetine-olanzapine</td>
<td>Levomilnacipran</td>
<td>Fluoxetine</td>
<td>Nortriptyline</td>
<td>Clomipramine</td>
</tr>
<tr>
<td></td>
<td>Tranylcypromine</td>
<td></td>
<td></td>
<td>Venlafaxine</td>
<td>Paroxetine</td>
<td>Protriptyline</td>
<td>Desipramine</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Sertraline</td>
<td>Tranylcypromine</td>
<td>Imipramine</td>
</tr>
</tbody>
</table>

Codes used to identify adults diagnosed with major depression.

<table>
<thead>
<tr>
<th>Diagnosis</th>
<th>ICD-10-CM Codes</th>
<th>SNOMED</th>
</tr>
</thead>
<tbody>
<tr>
<td>Major Depression</td>
<td>F32.0-F32.4, F32.9, F33.0-F33.3, F33.41, F33.9</td>
<td>832007, 2618002, 14183003, 15193003, 15639000, 18818009, 20250007, 25922000, 28475009, 33078009, 33736005, 36474008, 36923009, 38694004, 39809009, 40379007, 42925002, 60099002, 63778009, 66344007, 69392006, 71336009, 73867000, 75084000, 76441001, 77911002, 79298009, 87512008, 91604000, 91611000, 91611001, 91613003, 268621008, 319768000, 320751009, 370143000, 430852001, 450714000, 719592004, 720451004, 720452006, 720453001, 720454007, 720455008, 726772006, 251000119105, 281000119103, 10811121000119102, 10811161000119107, 16264621000119109, 16264821000119108, 16264901000119109, 16265951000119109, 16266831000119100, 16266991000119108</td>
</tr>
</tbody>
</table>

Codes used to identify treatment setting where major depression was diagnosed.

[Click here](#) for the list of codes used to identify the clinic setting where major depression was diagnosed.
Best Practices:

► Use the GCHP Performance Feedback Reports to identify members with gaps in care.
► Make outreach calls and/or send letters to advise members / parents of the need for a visit.
► Educate patients on the following:
  • Depression is common and can be treated.
  • Importance of staying on prescribed antidepressant medication for a minimum of six months.
  • Common side effects and how long side effects may last.
  • Strategies for remembering to take the antidepressant on a daily basis, as prescribed.
► GCHP offers free health education services, materials and classes to help members achieve a healthy lifestyle. Providers can contact the Health Education Department or refer patients / guardians / caregivers to the following information:
  • Providers, call: 1-805-437-5718
  • Members, call: 1-888-301-1228 / TTY 1-888-310-7347
  • GCHP website - Health and Wellness page, provided in English and Spanish:
    » English - [Click Here]
    » Spanish - [Click Here]
► Ensure your documentation is clear and concise.
► Use proper coding.

1 Measures reported using the administrative data collection method report on the entire eligible population and use only administrative data sources (e.g. claims, encounter, lab, immunization registries) to evaluate if services were performed.