



Memorandum

To: Gold Coast Health Plan Primary Care Providers

From: Kim Timmerman, Director of Quality Improvement
Nancy R. Wharfield, M.D., Chief Medical Officer

Re: **30-Month Well-Child Visit / Health Assessment
Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) Medi-Cal
Benefit**

Date: June 18, 2019

As a Gold Coast Health Plan (GCHP) contracted provider, the state Department of Health Care Services (DHCS) requires that all GCHP patients between the ages of 0 to 21 have a well-child / health assessment in accordance with the guidelines of the American Academy of Pediatrics (AAP) and Bright Futures periodicity schedule.

In 2016, the Child Health and Disability Prevention (CHDP) Program updated its well-child / health assessment schedule to include these guidelines as well, adding 14 reimbursable health assessments.

30-Month Well-Child Visit / Health Assessment Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) Covered Benefit

One important update is the addition of a 30-month well-child visit / health assessment. This visit is a requirement and a covered benefit under the EPSDT program.

Periodicity Schedule Resources

GCHP recommends that all contracted Medi-Cal providers make sure their clinic and clinic staff have the most up-to-date health assessment periodicity schedule. An outline of the required health assessment guidelines can be found [here](#).

Questions

For questions about the recommended guidelines for GCHP members ages 0 to 21, please contact GCHP's Quality Improvement Department at hedis@goldchp.org.