

## 2019 HEDIS® MEASURE: CONTROLLING BLOOD PRESSURE (CBP)

Gold Coast Health Plan's goal is to help its providers gain compliance with their annual Healthcare Effectiveness Data and Information Set (HEDIS®) scores by providing guidance and resources. This tip sheet will provide the key components to the HEDIS® measure, "Controlling Blood Pressure (CBP)."

**Measure Description:** Measures the percentage of members ages 18 to 85 who had a diagnosis of Hypertension (HTN) and whose blood pressure (BP) was adequately controlled (<140/90 mm Hg) during the measurement year.

**This measure requires the following:**

- ▶ Two separate clinic encounters, anytime during the measurement year or the year prior to the measurement year, where the member had a diagnosis of hypertension (HTN).
- ▶ The most recent BP assessment in the measurement year that was on or after the second HTN diagnosis date.

**Diagnoses excluded from this measure:**

- ▶ Members with evidence of End Stage Renal Disease (ESRD).
- ▶ Members who have received a kidney transplant or are on dialysis.
- ▶ Members who were pregnant during the measurement year.
- ▶ Members who had a non-acute inpatient admission during the measurement year.

**Codes used to identify the BP, clinical setting and the hypertension diagnosis.**

Description	ICD-10-CM	CPT	CPT-II	HCPCS	UB Rev Codes
Essential Hypertension	I10				
Systolic < 130 mm Hg Systolic 130-139 mm Hg Systolic ≥ 140 mm Hg			3074F 3075F 3077F		
Diastolic < 80 mm Hg Diastolic 80-90 mm Hg Diastolic ≥ 90 mm Hg			3078F 3079F 3080F		
Outpatient Setting		99201-99205, 99211-99215, 99241-99245, 99341-99345, 99347-99350, 99381-99387, 99391-99397, 99401-99404, 99411, 99412, 99429, 99455, 99456, 99843		G0402 G0438, G0439, G0463, T1015	
Non-acute Inpatient Encounter		99304-99310, 99315-99316, 99318, 99324-99328, 99334-99337			0118, 0128, 0138, 0148, 0158, 0190-0194, 0199, 0524, 0525, 0550-0552, 0559-0663, 0669
Remote BP Monitoring		93784, 93788, 93790, 99091			
Online Assessment		98969, 99444			
Telephone Visits		98966-98968, 99441-99443			
Telehealth Modifier		95, GT			



**Best Practices:**

- ▶ Instruct staff to always take a repeat reading if an abnormal BP value is obtained.
- ▶ Encourage the use of proper technique when obtaining BP readings:
  - Ensure the patient's bladder is empty.
  - Do not have a conversation.
  - Support the patient's back and feet.
  - Use the correct cuff size.
  - Place the cuff on the bare arm.
  - Support the arm at heart level.
  - Keep the patient's legs uncrossed.
- ▶ Treat associated cardiovascular risk factors as part of managing hypertension to lower overall cardiovascular risk.
- ▶ Encourage lifestyle changes (improved diet, exercise, smoking cessation, stress reduction).
- ▶ Initiate appropriate pharmacologic treatment to lower blood pressure.
- ▶ Make sure patients receive at least one blood pressure check per year.

For additional information on specific HEDIS® measures, please visit the websites for the [National Committee for Quality Assurance \(NCQA\)](#) or the [Agency for Healthcare Research and Quality \(AHRQ\)](#).

Effective January 1, 2014, NCQA replaced the coding tables with “value sets” which contain all applicable codes that can be used to identify a specific service or condition included in any measure. Detailed information on the data sets and technical specifications can be found [here](#).

GCHP does not intend this information to be medical advice, but a tool to assist in compliance with the HEDIS® measures.