

HEDIS[®] MEASURE: CONTROLLING BLOOD PRESSURE (CBP)

Gold Coast Health Plan's goal is to help its providers gain compliance with their annual Healthcare Effectiveness Data and Information Set (HEDIS[®]) scores by providing guidance and resources. This tip sheet will provide the key components to the HEDIS[®] measure, "Controlling Blood Pressure (CBP)."

Measure Description: Measures the percentage of members ages 18 to 85 who had a diagnosis of Hypertension (HTN) and whose blood pressure (BP) was adequately controlled during the measurement year.

This measure requires the following:

- ▶ Diagnosis of Hypertension (HTN) during the early months of the measurement year.
- ▶ Date of the encounter.
- ▶ Evidence of a systolic and diastolic documented blood pressure reading during the later months of the measurement year.
 - » Adequately controlled BP is based on the following criteria:
 - Ages 18 to 59 whose BP was <140/90 mm Hg
 - Ages 60 to 85 with a diabetes diagnosis whose BP was <140/90 mm Hg
 - Ages 60 to 85 without a diabetes diagnosis whose BP was <150/90 mm Hg

Diagnoses excluded from this measure:

- ▶ Members with evidence of End Stage Renal Disease (ESRD).
- ▶ Members who have received a kidney transplant or are on dialysis.
- ▶ Members who were pregnant during the measurement year.
- ▶ Members who had a non-acute inpatient admission during the measurement year.

Acceptable forms of documentation for Hypertension:

- ▶ Hypertension
- ▶ HTN
- ▶ High BP
- ▶ Elevated BP
- ▶ Borderline HTN
- ▶ Intermittent HTN
- ▶ History of HTN
- ▶ Hypertensive vascular disease
- ▶ Hyperpiesia
- ▶ Hyperpiesis

Non-acceptable forms of documentation for Hypertension:

- ▶ Rule out HTN
- ▶ Possible HTN
- ▶ White-coat HTN
- ▶ Questionable HTN
- ▶ Consistent with HTN

Ways to improve your overall HEDIS[®] score:

- ▶ Document well, as this measure relies strictly on medical record review.
- ▶ Schedule patients at the beginning of each measurement year for a blood pressure check and also towards the later part of the year to determine if BP was adequately controlled.

For additional information on specific HEDIS[®] measures, please visit the websites for the [National Committee for Quality Assurance \(NCQA\)](#) or the [Agency for Healthcare Research and Quality \(AHRQ\)](#).

Effective January 1, 2014, NCQA replaced the coding tables with "value sets" which contain all applicable codes that can be used to identify a specific service or condition included in any measure. Detailed information on the data sets and technical specifications can be found [here](#).

GCHP does not intend this information to be medical advice, but a tool to assist in compliance with the HEDIS[®] measures.