



# Memorandum

To: All Providers

From: Dr. Nancy Wharfield, Associate Chief Medical Officer

Re: **Disease Management Program for Diabetes**

Date: March 23, 2016

In November, Gold Coast Health Plan (GCHP) launched a new Disease Management Program for Diabetes in an effort to reach members with diabetes or pre-diabetes and those who are at risk of developing diabetes. With the program, the Plan's aim is to help its members create lifestyle changes and set goals through one-on-one support.

The Program offers members:

- Educational materials and links to resources in either English or Spanish.
- Classes taught in English or Spanish near the member's home or work.
- An individualized action plan and access to work with a Nurse Health Coach.

To identify members who could benefit from the program, GCHP uses claims, pharmacy and laboratory data. Providers are encouraged to refer their members to the program by submitting a Provider Referral Form via fax 1-855-883-1552 or email [DM@goldchp.org](mailto:DM@goldchp.org).

**[Click here](#) to fill out the Provider Referral Form.**

Members can also self-refer to the program, which is free with their GCHP membership. Those who are interested can call: 1-805-437-5588/TTY 1-888-310-7347.

**[Click here](#) to download the program flyer in English and Spanish.**

For more information, email the Disease Management Department at [DM@goldchp.org](mailto:DM@goldchp.org).