Gold Coast Health Plan℠
A Public Entity

Community Resources for Seniors

Adult Services
Adult & Child Abuse Hotline....805-654-3200
Wellness & Care Giver Center....800-900-8582
Area Agency on Aging....805-477-7300

Advocacy (HICAP)
Health Insurance Counseling & Advocacy Program....805-477-7310

Benefits/Assistance Programs
Human Services Agency....805-385-9363
Social Security....800-772-1213
State Disability Insurance (SDI)....800-480-3287
Medicare....800-633-4227
Community Action Program - Home Energy Assistance Program....805-436-4000

Crisis, Counseling & Resources
Camarillo Healthcare District....800-235-9980
Interface 24 hour Helpline....211 or 1-800-339-9597
Beacon Health Strategies....855-765-9702
Ventura County Behavioral Health - Crisis Team....866-998-2243
Cal Fresh Program (Food Stamps)....888-472-4463

Dental Health
Medi-Cal Beneficiary Telephone Center....800-322-6384

Food & Nutrition
Catholic Charities....805-486-2900
St. John's Health Ministry - Food Pantry & Hot Meals....805-988-2651
Food Share....805-983-7100
Salvation Army....805-483-9235

Health Education
Livingston Memorial VNA....805-642-0239

Palliative Care
Camarillo Hospice (grief support groups and counseling)....805-389-6870

Safety
Emergency Shelter Program....805-981-4233
Rescue Mission Alliance....800-417-5678

Senior Nutrition Program
Meals on Wheels Cost varies per Senior Center....805-477-7311

Senior Centers
Pleasant Valley Senior Center....805-482-4881
Camarillo Health Care District....805-388-1952
Colonia Senior Center....805-385-8163
Fillmore Senior Center....805-524-4533
Goebel Senior Center....805-381-2744
Moorpark Senior Center....805-517-6261
Port Hueneme Senior Center....805-986-6542
Santa Paula Senior Center....805-933-4226 x356
Simi Valley Senior Center....805-583-6363
South Oxnard Senior Center....805-385-8042
Wilson Senior Center....805-385-8028

Special Needs
Tri-County Regional Center....805-485-3177
Homeless Services (HSA)....805-385-1800

Stop Smoking Program
California Smokers' Helpline....800-NO-BUTTS
Spanish....800-45-NO-FUME

Transportation
Gold Coast Health Plan's Non-Emergency Medical Transportation....888-301-1228
ElderHelp Program....805-477-7300
Gold Coast Access....805-485-2319
TDD (711) (CA Relay Service)